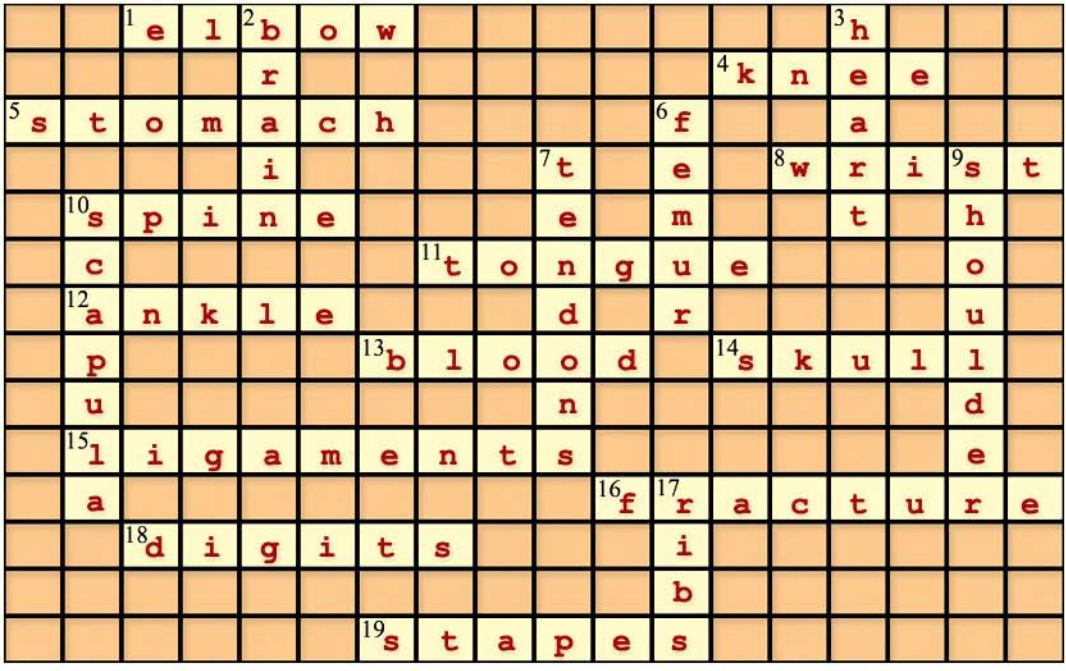
Save Your Knees crossword puzzle



ACROSS

1. Joint between your arm and forearm
4. Joint between your thighbone and shinbone
5. Where your food goes after you swallow it
8. Joint between your arm and your hand
10. It's also called the "backbone"
11. Strongest muscle in the body
12. Joint between your leg and your foot
13. A "liquid" tissue in your body
14. Bones that make up uour head
15. These hold bones together
16. Another name for "broken bone"
18. Scientific name for fingers and toes
19. Smallest bone in the body

DOWN

2. Controls your thoughts and body actions
3. Muscle that pushes blood to the parts of your body
6. Longest bone in the body
7. These hold muscles to bones
9. Joint where your arm meets the rest of your body
10. It's also called the "shoulder blade"
17. Bones in your chest

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